



*Making art!*



**Programs Available:**

- Adult Services
- Child and Family Services
- Medical Services
- Crisis Stabilization Services
- Evaluation and Treatment Services
- Supported Employment
- Anger Management
- Assertive Community Treatment Team (ACT)
- Intensive Residential Treatment (IRT)
- Substance Use Disorder Services (SUD)
- Medication Assisted Treatment (MAT)
- Wraparound with Intensive Services (WISe)
- Expanded Community Services (ECS)

**Our Locations:**

**Centralia**  
 2428 West Reynolds Ave.  
 Centralia  
 360-330-9044

**Chehalis**  
 135 W. Main St.  
 Chehalis  
 360-748-4339

**Morton**  
 228 Main Street  
 Morton  
 360-496-5157

**Evaluation & Treatment Center**  
 3510 Steelhammer Lane  
 Centralia  
 360-623-8020

**Clubhouse**  
 209 W Main  
 Centralia  
 360-623-1265 ex.2

More info at [cascadecommunityhealthcare.org](http://cascadecommunityhealthcare.org)

**Striving to Help the Community  
Recover and Thrive!**



Part of Cascade Community Healthcare

For people impacted by mental health issues, Phoenix Clubhouse is a place for new beginnings, learning life skills, and becoming a valued part of the community. Conveniently located in downtown Centralia the clubhouse is free to join.

We are member run and operated facility open to anyone 18 and older.

**Clubhouse Location**

209 W Main  
 Centralia  
 phone 360-623-1265 ex.2  
 on Facebook @phoenixclubhouse209  
 and Instagram at @Cascadephoenixclubhouse



*MUSIC GROUP!*

## Who we are:

Originally started as the Social Support Center, we converted to the clubhouse model in July of 2020. We selected the name Phoenix Clubhouse after the mythological phoenix. The story behind the phoenix is one of new beginnings.

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*“Many of us have had to rise from the ashes of adversity to claim a new life of recovery, strength, and stability. Together we shake off the ashes of an old life and begin to fly in strength and purpose.”*

*- Phoenix Clubhouse Member*

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## How to become a member:

The process to become a member here at the clubhouse is very simple. You will need to fill out an application, then attend the steering committee meeting on Tuesday at 11:00 am to finalize your application. There are no fees or cost to be a member. The only requirement for membership is that you have a mental health diagnosis. We hope you will come and join our clubhouse soon.

## What is a Clubhouse?

Clubhouses offer people opportunities to create friendships, gain employment seeking skills, housing opportunities, education, and creative expression.

### What is now known as the Clubhouse Model of Psychiatric

Rehabilitation began at Fountain House in New York City the late 1940s. It is an internationally recognized and evidence-based program that provides an intentional community that offers a safe place to gather, meaningful work, meaningful relationships and a place to return for program participants, known as members.

*“It is a safe place to come to be with people. We can share our different journeys and find solidarity and support”*

*- Phoenix Clubhouse Member*

A Clubhouse is a member run organization, that supports people impacted by mental illness. Clubhouse members have the opportunity to build skills, and to be of service to the community. We are here to make new friends and to support each other in recovery. A Clubhouse provides a restorative environment for people whose lives have been disrupted because of mental illness, and who need the support of others who are in recovery and who believe that mental illness is treatable.

## Services, Groups, Classes offered:

Employment  
Education  
Free Clothing Store  
Art Group (Painting and Crafts)  
Poetry Group  
Games  
Sewing Group  
Movies  
Meditation  
Movement  
Comradery and MORE

Weekly meetings to discuss the shape and direction of the clubhouse. It's member run so everyone participates, and every voice matters.

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*“Before we are schizophrenics, or behavioral therapist, or manic-depressive, or commissioners of mental health, we are all simply human beings.”*

*- Robby Vorspan, International Clubhouse*

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## Hours of Operation

Monday 10– 6PM  
Tuesday 10 – 6 PM  
Wednesday 10 – 8 PM  
Thursday 10 – 6 PM  
Friday 10 – 6 PM  
Saturday 9 – 3 PM

Feel free to stop by when we are open for a tour and check out what we are all about!